

Anatomy In Action



5 Day Summer Intensive with Laurie Broderick-Burr

July 8 – July 12

3 – 5pm

Yoga Center Santa Cruz

Wednesday July 8	- Tapping into the Core
Thursday July 9	- Exploring the Upper Extremity
Friday July 10	- Exploring the Lower Extremity
Saturday July 11	- Balance Games
Sunday July 12	- Putting it all Together

\$100 for all 5 days / \$23 single classes - please reserve your spot soon!

Name:

Email:

Phone:

Full Series / Individual Classes (specify dates)

Send to: Laurie Broderick-Burr, 380 Old Up Yonder Road, Santa Cruz, CA 95065

Questions? Please email Laurie - yogaburr@gmail.com